

ACTIVITIES, GAMES & IDEAS!

MY FAVORITE THINGS!

COLOR: _____

TV SHOW: _____

MOVIE: _____

SNACK: _____

SPORT: _____

OUTSIDE ACTIVITY: _____

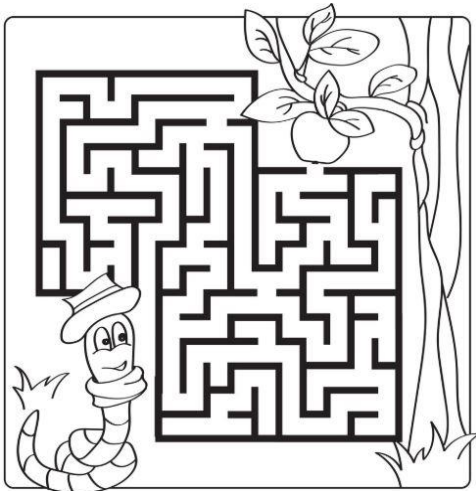
SCHOOL SUBJECT: _____

COPING TIPS!

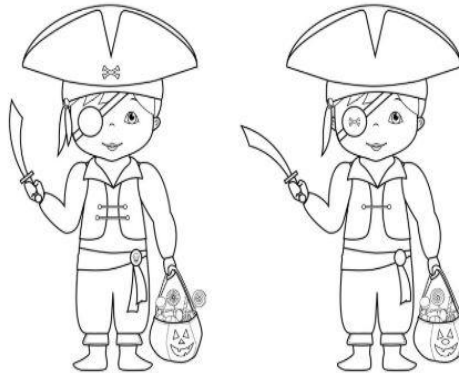
- Take deep breaths
- Listen to calming music
- Color
- Read Books
- Complete a puzzle
- Dance to music
- Try yoga
- Take a bubble bath
- Squeeze all my muscles & then relax, to release tension
- Count backwards from 100

Draw a Picture of You & Your Favorite Things to Do at Home!

WORM MAZE

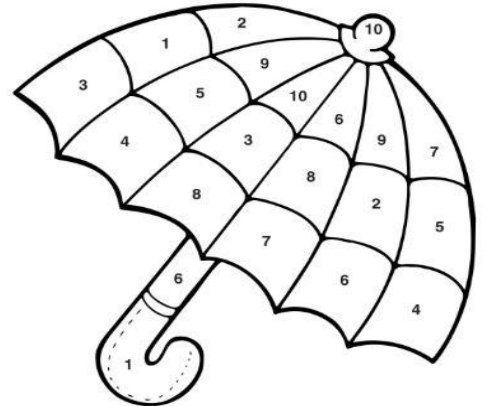


SPOT THE 10 DIFFERENCES



COLOR BY NUMBER

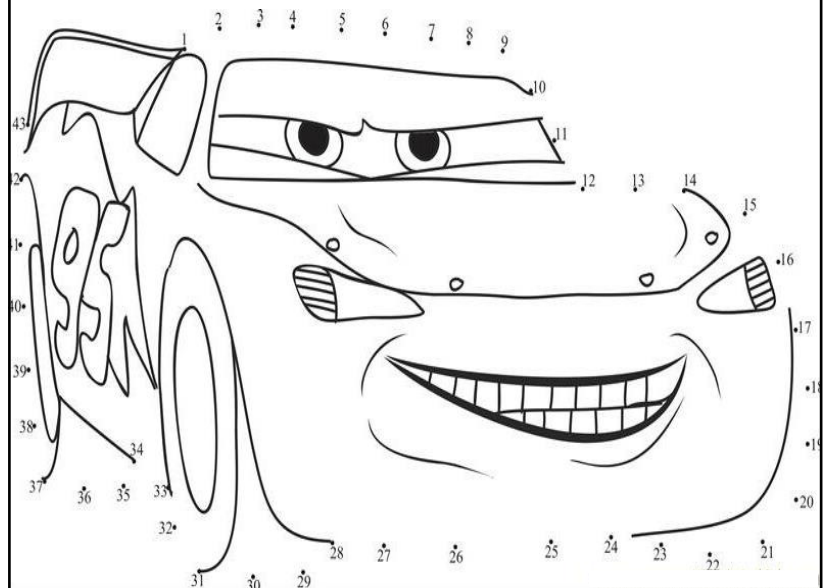
- 1 - red
- 2 - green
- 3 - black
- 4 - yellow
- 5 - pink
- 6 - orange
- 7 - purple
- 8 - blue
- 9 - white
- 10 - brown

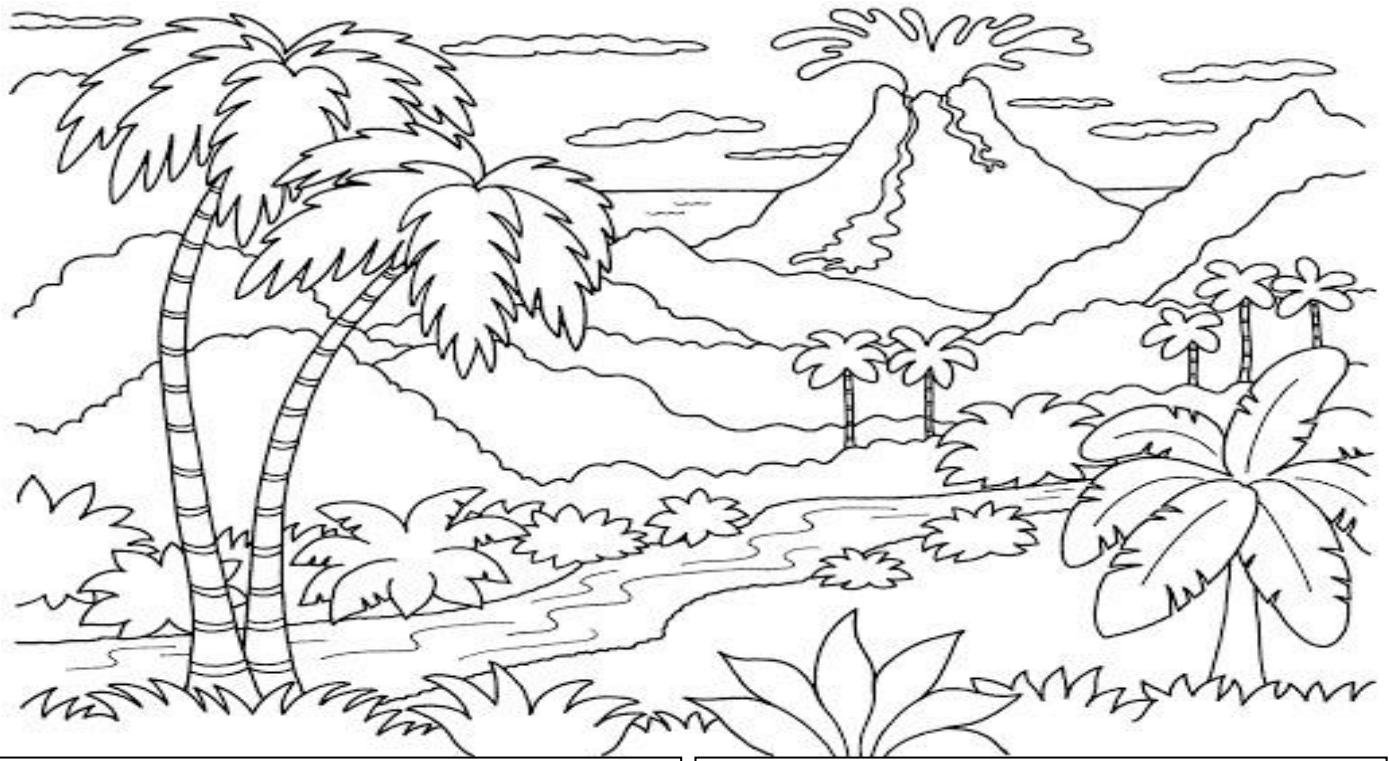


Weather *foggy* sunny RAINY
stormy cloudy hot
cold SNOWY windy

F	O	N	P	I	R	T	S	Q	P	S
F	O	R	A	I	N	Y	P	B	C	A
J	G	G	Y	P	M	N	R	A	I	J
B	C	Y	G	T	S	N	P	R	C	L
C	L	O	U	Y	B	U	O	M	F	O
S	Y	C	C	L	O	S	A	Y	Y	O
N	G	Y	T	L	R	A	D	B	M	U
O	G	I	T	D	O	U	P	O	R	V
W	I	N	D	Y	O	U	S	Q	O	D
Y	F	O	I	L	Y	T	D	E	T	L
N	B	V	C	X	W	M	L	Y	S	O
P	O	I	H	O	T	R	E	Z	A	C

CONNECT THE DOTS





CREATE A DAILY SCHEDULE
WITH YOUR GUARDIAN
MORNING

AFTERNOON

WITH YOUR GUARDIAN, FIND
THE ITEMS IN YOUR HOUSE TO
MAKE A COPING KIT:

- Something that is soft
- Something that you can play with
- Something that makes you laugh
- Something that makes you smile
- Something that reminds you of your friends
- Something that you can squeeze
- Something that makes you happy
- Something you can build with
- Something you can draw with
- Something you can sing with

ADDITIONAL LINKS FOR ACTIVITIES:

1. <https://parade.com/1009774/stephanieosmansi/things-to-do-with-kids-during-coronavirus-quarantine/>
2. <https://choices.scholastic.com/> The left hand side, click on the bars, and go to LOGIN.
Click on **I am a student**. Classroom pw is **MCNbh2i** then click sign in.
3. <https://www.cdc.gov/>
4. <https://www.who.int/>
5. <https://www.ok.gov/health/>



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