

Local Suicide Prevention Resources-Okfuskee/Hughes County

If you, or someone you know, is in suicidal crisis or emotional distress please call 1-800-273-TALK (8255) or if medical help is immediately needed please call 911.

Local Hospitals

Creek Nation Community Hospital 309 N. 14 th St. Okemah, OK 74859 918-623-1424	Holdenville General Hospital 100 McDougal Dr. Holdenville, OK 74848 405-379-4200
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Mental Health Providers – Phone Number

Carl Albert Mental Health Center 117 Rogers Dr. Holdenville, OK 74848 405-379-6668	Chandler & Associates 120 S. 4 th St. Okemah, OK 74859 918-623-1199	CREOKS Mental Health Services 209 W. Broadway St. Okemah, OK 74859 918-623-2922
East Central Ok Family Health Center 109 S. Main St. Wetumka, OK 74883 405-452-5400	Muscogee (Creek) Nation Behavioral Health & Substance Abuse Services 202 W. Atlanta, Suite C Okemah, OK 74859 918-623-3010	Starting Point Integrated Highway 62 Boley, OK 74829 918-667-3633
Stepping Stones Supportive 369026 Highway 62E Boley, OK 74829 918-667-3367	Turning Leaf Counseling Services 110 W. Main Holdenville, OK 74848 405-221-2610	Well Springs Community Services Inc. 120 S. Pecan St. Boley, OK 74829 918-667-3612 918-667-9790

Online Mental Health Services Locator:

Community Mental Health Centers (CMHCs) provide screening, assessment and referral services, emergency services, therapy, psychiatric rehabilitation, case management, and other community support services. There are fifteen CMHCs, five of which are state-operated facilities and the other ten are contracted non-profit providers. There are many satellite branches. They cover all 77 counties. All CMHCs provide services to both adult and children. This link will help you locate the closest CMHC.

http://ok.gov/odmhsas/Mental_Health_/Community_Mental_Health_Centers/

Law Enforcement

Boley Police Department 309 S. Pecan St. Boley, OK 74829 918-667-3700	Holdenville Police Department 100 N. Creek St. Holdenville, OK 74848 405-379-6627	
Okemah Police Department 502 W. Broadway St. Okemah, OK 74859 918-623-1234	Weleetka Police Department 816 S. Seminole Ave. Weleetka, OK 74880 405-786-2274	Emergency Phone # 911 *Request CIT Officer

Additional Resources

Access to Services, ODMHSAS <http://www.ok.gov/odmhsas/>

The Access Specialist provides information, guidance and/or advocacy to facilitate access to Mental Health and Substance Abuse treatment services whether indicating the closest treatment providers or walking through the general process to access the providers at the individual's disposal.

Tom Thomson, 405-522-8310 (Office) tthomson@odmhsas.org 8 am to 5 pm Monday-Friday

Reachout Hotline, ODMHSAS – ODMHSAS's 24-hour toll free information and referral hotline – 800-522-9054 – 24 hours a day

National Suicide Prevention Lifeline <http://www.suicidepreventionlifeline.org/>

HeartLine Volunteers and staff answer calls from throughout Oklahoma, offering compassionate listening, crisis intervention, referral information, and suicide prevention. 800-273-TALK – 24 hours a day

National Alliance on Mental Illness – NAMI Oklahoma advocacy group - 405-230-1900 www.nami.org/	Local Survivors or Suicide Groups: American Foundation for Suicide Prevention, http://www.afsp.org/ Go to Support Groups to find local information	Muscogee (Creek) Nation Behavioral Health & Substance Abuse Services 1-888-756-4333 http://creekhealth/SERVICES/BehavioralH
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Crisis Text Line: Text the word "CREEK" to 741-741.

A trained crisis counselor will respond to your text within minutes. This service is free and anonymous for any person of any age with any type of crisis.

Man Therapy: www.mantherapy.org

Therapy the way a man would do it. Online mental health resources and information for men and their families.

The Trevor Project: www.thetrevorproject.org

National 24/7 crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people ages 13-24. 1-866-488-7386

